

Amherst Diamond Approach® “ADA”

The Courageous and Passionate Heart

April 6-7, 2019

Amherst College, Converse Hall, Porter Lounge
100 Boltwood Ave., Amherst, MA 01002

10:00 AM – 7:30 PM Saturday

9:30 AM – 4:30 PM Sunday

teacher: Leah Chyten



Through meditation, teachings and personal inquiry, we will continue our exploration of the quality of True Strength, the loving dynamic energy, the red essence. Courage is an aspect of True Strength. We need it to stand up for the truth of who we are and what matters most to us. Passion, also an aspect of True Strength, is the ecstatic yearning for union with our deepest nature.

Both of these aspects of essential strength are known to us and expressed through the human heart.

2019 Dates

April 6-7 2019

June 1-2 2019

Sept 7-8 2019

Nov 2-3 2019

The Diamond Approach® is a journey toward uncovering the essence of who we really are beneath all the layers of social conditioning and cultural expectations. Its aim is to discover the deepest truth of what it means to be human.

For more information email: parvati285@gmail.com or visit www.diamondapproach.org

To register, make check payable to: Leah Chyten and mail to Parvati Grais

45 Round Hills Road, Amherst, MA 01002

\$230 (includes small group fees) \$210 If postmarked by March 16, 2019



Name: _____

City: _____ State: _____

Phone: _____ Email: _____

REGISTRATION