



## THE DIAMOND APPROACH®

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### Captured by the Business of Life

In this video A. H. Almaas talks about having a spiritual life in the midst of a busy world.

[Watch the Video](#)



## Meet the Teachers: Lou Weir

"I had been a meditator for some time. I'd followed other paths and I found that there was a certain stagnancy in my practice. It felt like things weren't moving..."

[Watch the video](#)



## Students Share: The Story of Dhat, A Missing Chapter

The Sufi story of Dhat has been important to the Diamond Approach since its inception. Dhat appears in Idries Shah's *Tales of the Dervishes* as "The King's Son"...

[Read More](#)



## Diamond Approach in the World: The Listening Post

Diamond Approach student Marcia Wakeland discusses how the wisdom and gifts of the Diamond Approach complement her work with a unique program in Anchorage, Alaska.

[Watch the video](#)



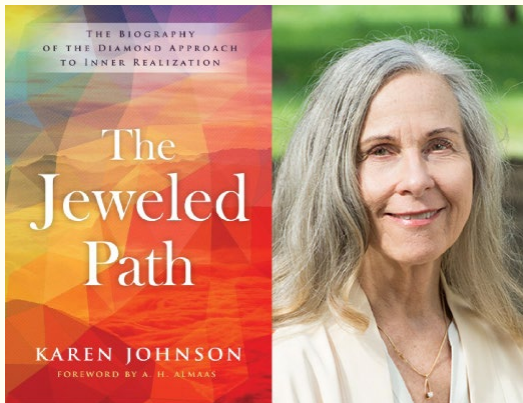
## Quasar 2018: Spirituality in a Fractured World

This seminar is a rare opportunity to spend five days with Diamond Approach founders A. H. Almaas and Karen Johnson. It is open to all; no prior experience is required.

**September 22-26, 2018**

**Berkeley, CA, USA**

[Learn More](#)



## Amsterdam Book Talk with Karen Johnson

Diamond Approach co-founder Karen Johnson will be speaking in Amsterdam about her new book describing the development of the Diamond Approach.

[Learn More](#)



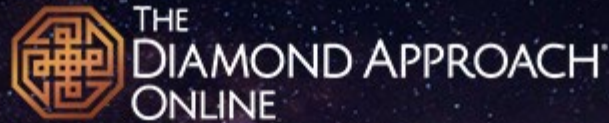
## Job Opportunities

The school is growing and we need skilled people!

- Administrative Associate/Special Projects
- Director of Communications

- Payroll Supervisor/Specialist
- Website Administrator (updated)

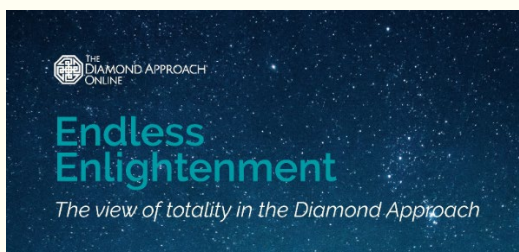
[Learn More](#)



## Now Available on Demand: Introduction to the Diamond Approach

An online course that offers a glimpse into the contemporary spiritual path of the Diamond Approach.

[Learn More](#)



## Endless Enlightenment

Join A. H. Almaas, founder of the Diamond Approach, for an online course on one of the most advanced aspects of his teaching—the view of totality.

[Learn More](#)

# Upcoming Events

MAY  
5

## California Diamond Heart 10: Freedom and the Superego

📍 Berkeley, CA, USA    👥 New group forming

In this daylong we will cover what the superego or inner critic is, how it develops and its function, and how it eventually constrains our experience and freedom.

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MAY  
6

## Book Talk with Karen Johnson - The Jeweled Path

📍 Amsterdam, Netherlands

Diamond Approach co-founder Karen Johnson will be speaking about her new book describing the development of the Diamond Approach.

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MAY  
12

## New Online Inquiry Group

📍 Online

Anyone, anywhere may join in this online inquiry group, especially those interested in the newly forming Diamond Approach group in Florida.

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MAY  
15

## "Das wirkliche Leben beginnt jetzt" Buchgruppe Berlin

📍 Berlin, Germany

Wir praktizieren Selbsterkundung und Meditation, dabei begleiten uns Texte aus dem Buch "das wirkliche Leben beginnt jetzt" A. H. Almaas.

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MAY  
18

## Köln Meditation

📍 Köln, Germany

Einmal im Monat sind alle Interessierten zu einem Treffen eingeladen, zusammen unter Anleitung eines Diamond-Approach-Lehrers zu meditieren.

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MAY  
18-  
20

## Fulfilling the Heart's Desire

📍 Richardson, TX, USA    👥 New group forming

We as humans are blessed with the capacity to perceive with our senses. From the perspective of the Diamond Approach, our perceptual capacity is a doorway to knowing who we really are.

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MAY  
24

### The Inner Journey of Being a Parent - An Online Course

📍 Online

We will explore how particular essential qualities within us like compassion, courage, joy and openness can be revealed in our parenting, and how those inner qualities in turn can serve our parenting.

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May  
26

### Free Webinar - "Sacred Understanding" with Ash Wain

📍 Online (Sydney, Australia)  New group forming

This free webinar will look at understanding, in its ordinary sense, and as a sacred mystery at the center of the Diamond Approach.

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MAY  
28

### "Essentielle Verwirklichung - Der diamantene Weg des Herzens" NEUE Buch- und Praxisgruppe in Berlin

📍 Berlin, Germany

Diese Buch- und Praxisgruppe beinhaltet Meditationen und die Möglichkeit, die Erkundung (Inquiry), eine der Kernpraktiken des Diamond Approach, zu praktizieren. Die Texte aus Hameed's Buch begleiten uns dabei.

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MAY -  
JUNE  
29-3

### Soul without Shame - A Compassionate Confrontation of Self-Judgment

📍 Penzberg, Germany

This workshop is an introduction to the Diamond Approach, a spiritual teaching that directly addresses the superego to create space for inner work.

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JUNE  
1-3

### Seattle - June 2018 Weekend

📍 Seattle, WA, USA  New group forming

We are pleased to invite you to join Cascadia Diamond Approach 4 (CASC4), a newly forming on-going Diamond Approach group based in Seattle, open to students throughout the Pacific Northwest

JUNE  
2-3

## Diamond Approach Boston 4 Weekend

📍 East Providence, RI, USA    👥 New group forming

This group is open to new students who are interested in getting a taste of the Diamond Approach with a growing community of people.

[More Events](#)

[Find a Diamond Approach Group](#)

[Find a Diamond Approach Teacher](#)



Connect with us



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