"The whole work is based on the passionate love for truth, like wanting to know passionately, not from a mental perspective but from the depth of the heart, what we are, what is living, what is reality, what is the point of our life. So really the whole work is a deep experiential inquiry into those questions."

-A.H. Almaas

As we explore and unfold our deeper potentials, we can fall into a passionate love with the vastness of true nature, which both manifests in and lies beyond everything in the world of appearances. The Diamond Approach calls this ultimate dimension of reality the absolute. It can also be called the Beloved, the Secret, or the Guest. The mind can not conceptualize it; it can only prepare for its arrival.

Read Full Blog Post Here
Upcoming Events

New Diamond Approach Online Teaching Series

“Lightness of Being” is a six-part series that will explore the lataif, those subtle qualities of our being that invite us to experience the pure, unshakable truth of what we are. The series is both an excellent introduction to the Diamond Approach – as well as an opportunity for seasoned spiritual seekers to sink more deeply into each of the qualities and to taste the depth this path has to offer.

Enroll here

Intellectual Knowledge Versus Spiritual Experience

A review of teachers and teaching traditions

In this free lecture series, A.H. Almaas (founder of the Diamond Approach) will explore six major spiritual teachers and traditions and how their contributions to spirituality may be understood. The teachers include Nisargadatta, Dogen, and Krishnamurti; the traditions include Advaita Vedanta and Dzogchen.

Learn More
Regional Diamond Approach Events

There are Diamond Approach events happening all across the world. Due to the coronavirus pandemic, many of our events have moved online. We are still listing our events based on the geographic location of our teachers, so click on the graphics below to find events in your area.

Want to receive specific news about Diamond Approach events happening in your area? Sign up for our Regional Newsletters.

Passion is love with strength—strong sweetness, sweet strength.

—A.H. Almaas
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Send your comments or questions to outreach@ridhwan.org.

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