



DIAMOND APPROACH



Freeing the Soul from the Ego

John Davis, Life Transitions as Doorways to Transformation

"...we can shift from our soul being shaped primarily by the past, by our conditioning, by the old and largely out-of-date messages, being driven by a kind of encrusted density within our souls - to being open. Open to being. Open to true nature. Open to reality. Open to what's right here, right now, to what needs to happen so we can become more responsive rather than reactive."

[WATCH THE VIDEO>>](#)

Meet the Teachers

Jeanne Hay Rosenblum How did you find the Diamond Approach?

I was introduced to Hameed Ali by Jessica Britt in the late 1970s. At that time there was no group or School. From the very first private session work I did with Hameed, I knew that he was my "Teacher." I asked him to please consider me if he ever did a training, which he did. It has been the focus of my life ever since.



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Annual Fundraising Appeal

Friends of Diamond Heart recently distributed its [annual request for contributions](#) to support bringing the Diamond Approach teaching into the world more fully and dynamically. If you are looking for more information about how important charitable contributions are, please [read this](#).

Friends of Diamond Heart has been designated by the Obsidian Synod of the Ridhwan School as the body responsible for fundraising on behalf of the School. In the past two years, we have established many different [ways to contribute](#):

- [Unrestricted giving](#) affords the greatest degree of flexibility to address timely needs in the many regions of the world where the teaching has taken root.
- Support for [specific projects](#) can be given through designated contributions, including support for the launch of an endowment fund for the long-term sustenance of the School.
- There are also different [planned giving](#) options available.

During this season of giving and gathering, please [support](#) the continuing unfoldment of the Diamond Approach to the extent you are able. Thank you!

Diamond Approach GROUPS & EVENTS

New Groups



New Diamond Approach Group UK4

December 2 - 9, 2016

Announcing the Fourth On-Going Diamond Approach Group. This group will meet twice a year for a week. May and December. [LEARN MORE>>](#)

Waking to The Mystery of Reality-DAWN 2 Intro Events

December 4 - 2016

This is a group for those who are interested to learn about inquiry as spiritual practice. [LEARN MORE>>](#)

Upper Midwest Groups Meeting in Wisconsin

December 8 - 11, 2016

These are Diamond Approach Retreat Groups that meet at centers in Wisconsin drawing students from Wisconsin, Minnesota, Illinois and nearby states. [LEARN MORE>>](#)

The Space To Be - Colorado

December 9 - 11, 2016

In this two weekend series we will discover the inner space that allows us to be who we really are. We will explore methods that connect us to our spacious authenticity. [LEARN MORE>>](#)

Boston 4 – Diamond Approach group

December 10 - 11, 2016

The Boston 4 Diamond Approach® group has been launched and is now accepting new students. [LEARN MORE>>](#)

Diamond Approach Seattle 3 – DAS3

January 13 - 15, 2017

We are pleased to invite you to join DAS3, a newly forming on-going Diamond Approach group based in Seattle, open to students throughout the Pacific Northwest. [LEARN MORE>>](#)

Diamond Approach Amherst, MA

January 14 - 15, 2017

The Diamond Approach is a journey toward uncovering the essence of who we really are, beneath all the layers of social conditioning and cultural expectation. [LEARN MORE>>](#)

And other groups forming: [LEARN MORE>>](#)

Events

Dec 3 - The Art of Inquiry...innere Erkundung als spiritueller Weg Berlin, Germany

This is a group for those who are interested to learn about inquiry as spiritual practice. [LEARN MORE>>](#)

Dec 7 - Inner Peace & Stillness: An Open-House Evening for the Diamond Approach Seattle, Washington

This evening will introduce Peace and Stillness and the viewpoint of the Diamond Approach. There will be a short meditation, a talk, an experiential exercise, and an opportunity to ask questions.

[LEARN MORE>>](#)

Dec 8 - An Open House & Experiential Introduction to the Diamond Approach Auburndale, Massachusetts

Come get an experiential taste of the Diamond Approach including the central practice of Inquiry. There will also be time for a short presentation, meditation and questions and discussion.

[LEARN MORE>>](#)

Dec 8-11 - Midwest Group III Retreat Willard, WI

Midwest Group III Retreat A new Diamond Approach Group has started in the Upper Midwest Region and it is currently open and growing. [LEARN MORE>>](#)

Dec 9 - Inner Peace & Stillness: An Open-House Evening for the Diamond Approach Kirkland, Washington

This evening will introduce Peace and Stillness and the viewpoint of the Diamond Approach. There will be a short meditation, a talk, an experiential exercise, and an opportunity to ask questions.

[LEARN MORE>>](#)

Dec 10 - Webinar: "Allowing Life to be our Spiritual Practice" with Laurie Wattell

Online

Most of us entering a spiritual practice have preferences about the results that we want for our life. [LEARN MORE>>](#)

Dec 13 - "Das wirkliche Leben beginnt jetzt" Diamond Approach Buchgruppe Berlin, Germany

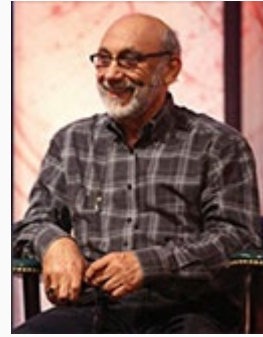
Selbsterkundung / Inquiry als spirituelle Praxis, Meditation, Körperwahrnehmung und Texte aus dem Buch "das wirkliche Leben beginnt jetzt" von A.H.Almaas begleiten uns durch die Abende. [LEARN MORE>>](#)

For more events/opportunities, visit our [CALENDAR here](#)

New Academy Group in Asia

I am very pleased with the way the School has grown around the world. We've decided to explore starting a new group somewhere in Asia, accessible to South East Asian and Far Eastern countries. I would like to share with you some of our preliminary thoughts on how this group may work and ask for your assistance.

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