



THE DIAMOND APPROACH®

August 2019 Newsletter

Being Present with Children



THE DIAMOND APPROACH®

Joyce Lyke

presents a new online course

Awakened Parenting

Being present with children from the perspective
of the Diamond Approach path.

Joyce Lyke is teaching Awakened Parenting on August 18.

Check out DAparenting.com to learn more.

Meet a Ridhwan Teacher



Annette Anderson has been a Diamond Approach student since 2004 and a teacher since 2014.

"Several years before finding the Diamond Approach, while teaching a personal transformation seminar on integrity, I had an epiphany. It arrived as a message about my life and my future. It felt profound, it came from another place than my mind.

I saw that my purpose was to "support people in knowing themselves as spirit." This was the beginning of my transition from a corporate executive to supporting others with their spiritual unfoldment. After this, I began the transition from my corporate career to creating a spiritual coaching and teaching practice..."

To read Annette's full story, click [here](#).

What Diamond Approach Means to Me



THE DIAMOND APPROACH®

Diamond Approach Teacher

Caroline Pietrangelo Owens

What the Diamond Approach Means to Me

"What Diamond Approach Means to Me" is a video series featuring teachers and students of the Ridhwan school sharing how the Diamond Approach teaching has transformed their lives.

Ways to Engage



Available Now | Online

[Discover Your Truth Through Diamond Inquiry](#)

Teacher: Dominic Liber

In this course you'll explore your inner world using a practice called Diamond Inquiry. Diamond Inquiry allows you to become more fully in touch with yourself and find clarity on your true purpose. Offered in partnership with [Insight Timer](#), a meditation app.



August 4 | Berlin, Germany

[Meditations –und 5 Movement Gruppe in Berlin](#)

Teacher: Sara Jungclaussen

To learn more visit [Meditations –und 5 Movement Gruppe in Berlin](#)



August 6 | Berlin, Germany

["Essentielles Sein – die Bedeutung des Lebens"](#)

[Buchgruppe](#)

Teacher: Gisela Bast

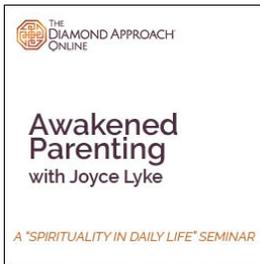
To learn more visit, ["Essentielles Sein – die Bedeutung des Lebens" Buchgruppe](#)

August 18 | Online

[Awakened Parenting](#)

Teacher: Joyce Lyke

Learn to be present and less reactive with your children –



whether they are 2 or 22. Open to parents, grandparents, aunts and uncles.



August 18 | Online

[Online Inquiry Groups](#)

Teacher: Varies depending on inquiry group

Through Diamond Approach Online, new online inquiry groups are starting August 18. The groups meet every 2–3 weeks for a series of four to six 90–minute sessions.

Capped at 12 participants, your group will become a supportive “landing pad” for growing your community and integrating spiritual understanding with practice at the deepest level.

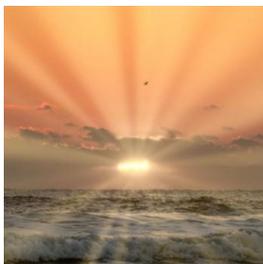


August 23 – 25 | Hamburg, Germany

[Hamburg August Wochenende](#)

Led by Gary Kaufhold and Phillip Hasselbatt

To learn more visit, [Hamburg August Wochenende](#)



August 23 – August 25 | Kahului, Hawaii

[Waking Up to Presence](#)

Led by Prakash Mackay and Ursula McCall

The weekend is an opportunity to explore the foundational practices of meditation and inquiry of the Diamond Approach. New students welcome.



August 23 – August 25 | Auckland, New Zealand

[Explore the Beauty and Mystery of What You Are](#)

Led by Jane Armytage

Explore and work through your history and relationship with hatred in order to open to true peace and power.

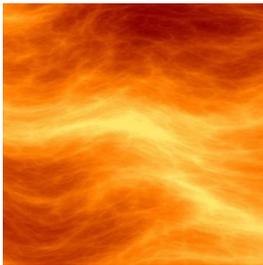


August 24 | Online

[New Online Inquiry Group Series](#)

Led by Ilene Buchalter

This six week online inquiry group is welcoming new and returning members.



August 31 – September 1 | Osnabruck, Germany

[Leidenschaftlich weise- ein Diamond Approach Workshop](#)

Led by Marion Hanses and Kornelia Schneider

To learn more, visit [Leidenschaftlich weise- ein Diamond Approach Workshop](#)

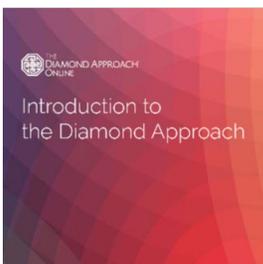


September 1 | Amsterdam, Netherlands

[De Rode draad in Inquiry](#)

Led by Kyo Verberk, Bregytta Rooney, Marko Rinck and Robbert Verschuur

To learn more, visit [De Rode draad in Inquiry](#)



On Demand | Online

[Introduction to the Diamond Approach](#)

Led by Hameed Ali, Jeanne Rosenblum, Zarina Maiwandi, and Rob Merckx

A 6-week course designed for those new to the Diamond Approach. The course explores three core practices of the path including meditation, sensing and inquiry.

View more of our upcoming public events

The Ridhwan Foundation Monthly E-news includes a free teaching from ordained Ridhwan teachers, a Meet the Teacher profile, and other feature stories about this contemporary spiritual path. Each E-news stands alone, and you can sign up at any time.

You can read previous [E-news offerings here](#).

Please consider forwarding this edition of the E-news to a friend or colleague.

Send your comments or questions to outreach@ridhwan.org

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Our mailing address is:

The Ridhwan Foundation PO Box 10173 Berkeley, CA 94709-5173 USA

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