Spirituality in a Fractured World

In this video A. H. Almaas discusses how spiritual illumination can help us deal with our divided world.

Watch the Video
Meet the Teachers: Sarita Chawla

I think the Diamond Approach found me! I had always been drawn to the "something beyond." As a child, I was drawn to temples and the sacred, although my family was not. My graduate studies included research on the religion of villages in Kulu, in the Himalayas. I felt a quest and a longing for something I could not name.

Students Share: A Star

We look back and say that something’s lost, when all about is everything we’ve gained. Each day brought us here, into the presence of Everything. Some...

Encrusted Interview: Thomas Vaassen

London Book Talk with Karen Johnson

Diamond Approach co-founder Karen Johnson will be speaking in London, UK, about her new book describing the development of the Diamond Approach.

Learn More

Quasar 2018: Spirituality in a Fractured World

This seminar is a rare opportunity to spend five days with Diamond Approach founders A. H. Almaas and Karen Johnson. It is open to all; no prior experience is required.

September 22-26, 2018
Berkeley, CA, USA

Learn More
We are hiring for two positions:

- Payroll Supervisor/Specialist
- Webmaster

Learn More

Inquiry: The Vehicle of Endless Enlightenment

This 12-week, online course starting April 16 explores whatever is happening right now as the entry point to unlimited discovery of our deeper nature. Hosted in partnership with Sounds True.

Learn More

Endless Enlightenment

Join A. H. Almaas, founder of the Diamond Approach, for an online course on one of the most advanced aspects of his teaching—the view of totality.
Upcoming Events

**Book Study Group "Soul Without Shame"**

**Kahului, HI, USA**

Join us for an exploration of the Inner Critic, a tenacious layer of our personality which prevents expansion, inner peace, and freedom. We will be embarking on a journey to free ourselves from this relentless voice.

**Opening to Compassion: An Introduction to the Diamond Approach**

**Vancouver, BC, Canada**

In the warm, tender and powerful presence of true compassion our hearts can open to all of our experience, from our deepest pain to the immense richness of our being.

**Heart of Life, een kennismaking met de Diamond Approach: Innerlijke vrede**

**Rotterdam, Netherlands**

We onderzoeken wat onze beleving van Innerlijke vrede is, en wat die ervaring beperkt in ons dagelijks leven.

**Essential Perception: Portal to Liberation**

**St. Petersburg, FL, USA & Online**

New group forming

We as humans are blessed with the capacity to perceive with our senses. From the perspective of the Diamond Approach, our perceptual capacity is a doorway to knowing who we really are.

**Fireside Chat with Zarina Maiwandi**

**Online**

New group forming

In this online meeting you will have the possibility to ask questions about the Diamond Approach and Diamond Approach Asia.
"The End is Only the Beginning" - A Weekend Journey into the Mystery

Toronto, ON, Canada & Online

In this retreat we will work with the essential Person of Power as the one that navigates and guides us and the essential quality of compassion that assists us with the losses that can occur on any real and authentic journey.

Diamond Approach Boston 4 Weekend

Auburndale, MA, USA

New group forming

If you're interested in getting a taste of the Diamond Approach with a growing community of people, please join us for this new group forming in the Boston area.

Curiosity: A Portal to Love on the Spiritual Path

Fort Worth, TX, USA

New group forming

In this talk we will explore the function of love on the spiritual path with questions such as “How does love impact and inform our spiritual journey?” and “How do we access love as we traverse the spiritual path?”

Curiosity: A Portal to Love on the Spiritual Path

Carrollton, TX, USA

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"Das wirkliche Leben beginnt jetzt" Buchgruppe Berlin

Berlin, Germany

Wir praktizieren Selbsterkundung und Meditation, dabei begleiten uns Texte aus dem Buch "das wirkliche Leben beginnt jetzt" A. H. Almaas.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>APR 20</strong></td>
<td><strong>Köln Meditation</strong></td>
<td>Köln, Germany</td>
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<td></td>
<td>Einmal im Monat sind alle Interessierten zu einem Treffen eingeladen, zusammen unter Anleitung eines Diamond-Approach-Lehrers zu meditieren.</td>
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<td><strong>APR 21</strong></td>
<td><strong>Diamond Approach London Day of Practice</strong></td>
<td>London, United Kingdom</td>
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<td>A day of mediation, sensing and inquiry practice. This day-long will be followed by a separate event, an evening book launch with Karen Johnson speaking about her new book <em>The Jeweled Path</em>.</td>
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<tr>
<td><strong>APR 21</strong></td>
<td><strong>Book Talk with Karen Johnson - The Jeweled Path</strong></td>
<td>London, United Kingdom</td>
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<tr>
<td><strong>APR 22</strong></td>
<td><strong>Fireside Chat with Sarita Chawla</strong></td>
<td>Online</td>
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<td>In this online meeting you will have the possibility to ask questions about the Diamond Approach and Diamond Approach Asia.</td>
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<td><strong>APR 23</strong></td>
<td><strong>Light-Heartedness: A Support for the Spiritual Process</strong></td>
<td>Houston, TX, USA</td>
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<td>Spiritual work is serious business, right? Certainly it can be the most important and profound endeavor we will undertake. But who says we need to be somber about it? In this teaching, we will look at the quality of light-heartenedness and how it is useful in supporting the spiritual process.</td>
<td>New group forming</td>
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Vortrag: Verkörperung und Spiritualität - Einführung in den Diamond Approach

Berlin, Germany

Der Vortrag beschäftigt sich u.a. mit der Frage: geht das eigentlich? Unsere spirituellen Erfahrungen in den Körper zu bringen und von diesem Platz aus zu leben?

The Lataif: Gateways to Essence

Boulder, CO, USA  🌐 New group forming

Please join us for an in-depth exploration of the Black Latifa, the form of essential presence that brings the wisdom of depth, stillness, and peace to our consciousness.

Free Webinar - "In Search of the Miraculous" with Laurie Wattell

Online from Australia  🌐 New group forming

Searching is intrinsic to all humans. For some it will manifest in traveling the world; for others it is following their dreams. In this free webinar we will be exploring what motivates us to be in search of the miraculous.

"Essentielle Verwirklichung - Der diamantene Weg des Herzens" NEUE Buch- und Praxisgruppe in Berlin

Berlin, Germany

Diese Buch- und Praxisgruppe beinhaltet Meditationen und die Möglichkeit, die Erkundung (Inquiry), eine der Kernpraktiken des Diamond Approach, zu praktizieren. Die Texte aus Hameed’s Buch begleiten uns dabei.